

Community Health Implementation Strategy 2013



KVC Wheatland Psychiatric Hospital

Hope...Help...Healing

Introduction

KVC Wheatland Hospital is owned by KVC Hospitals, Inc. and offers Psychiatric Acute Hospital and Psychiatric Treatment Facility (PRTF) Services designed to provide active treatment in a structured therapeutic environment for children and adolescents with severe emotional disturbances, or mental illness. KVC's Hospitals serve as the state hospital alternative for children with psychiatric needs in Kansas. The hospital also serves children that other area hospitals cannot or will not serve, or are prematurely discharged. In this capacity, KVC serves as the state wide safety-net for the most acute and at-risk population of children and adolescents. Based on its agency-wide history of accepting hospital children with high-risk needs, KVC's Wheatland Hospital operates with a no-eject/no-reject philosophy for admitting children. KVC services are provided with safety, monitoring, and treatment as priority focuses to help residents develop the skills to succeed in less restrictive, permanent settings. KVC Wheatland Psychiatric Hospital's treatment program has a behavioral management component administered in a safe environment and all services are delineated to meet the individual needs of the clients referred. The KVC Wheatland Psychiatric Hospital provides 24-hour/7 days a week admission.

Youth admitted to KVC Wheatland Psychiatric Hospital typically have attempted, or are an active threat, to harm themselves or others. These safety threats require need for intensive treatment, supervision, and care in a safe and secure setting. Youth are generally in an acute state of crisis and also present with behaviors and special needs which negatively impact their home and school life, such as violence, psychosis and/or an inability to care for themselves. In addition to psychiatric diagnoses, KVC treats youth with concurrent medical conditions such as epilepsy, diabetes, multiple sclerosis, and physical limitations including speech and hearing impairments. It is common for children and youth to also present with significant chronic medical health needs. KVC assists in accessing necessary medical treatment services and blends the physical and mental health treatment plans to meet these special needs.

Our mission is to enrich children's lives by providing comprehensive and compassionate trauma-informed psychiatric care, behavioral healthcare, education and medical services.

Community Needs Assessment

Identifying Health Needs

A community health needs assessment was conducted in the spring of 2013. Community input was received through surveys with 10 key stakeholders that were selected based on their a) specialized knowledge or expertise in behavioral health, b) their affiliation with local government, schools, and industry, or c) their involvement with underserved and minority populations. In addition, secondary data was compiled from demographic and socioeconomic sources as well as national, state, and local sources of information on disease prevalence, health indicators, health equity, and mortality. Data was also obtained through a review of the Kansas City Regional Children's Behavioral Health Needs Assessment conducted in 2011 and the Kansas City Regional Health Care Initiative's System Change Committee (2011).

This data was analyzed and reviewed to identify mental health needs of the children and adolescents in Kansas and Missouri. As a result of the analysis described above, the following significant health needs were identified:

- Coordination of care with others, specifically schools
- Fragmentation of care for behavioral health
- Access to services (cost)*
- Foster Care Issues
- Transportation to/from services*
- Lack of Knowledge of available resources
- Lack of trauma-informed assessment and intervention strategies
- Lack of Facilities (Inpatient and PRTF's)
- Specialists to treat children with behavioral health needs
- Consent to care issues for children with no legal guardian*
- Coordination of care dual diagnosis*

**Impacts vulnerable populations*

The identified health needs were reviewed by Hospital Management and priority areas were determined based on their assessment of the qualitative and quantitative data. Identified needs were prioritized based on the following criteria:

1. How many people are affected by the issue or size of the issue?
2. What are the consequences of not addressing this problem?
3. The impact of the issue on vulnerable populations.
4. Whether or not the Hospital has existing programs to respond to the identified need.

As a result, the top five mental and/or behavioral health needs for the KVC Wheatland Hospital CHNA Community were determined.

1. Coordination with other systems of care
2. Lack of trauma-informed assessment and intervention strategies
3. Access to services
4. Lack of knowledge of available services

PRIORITIES OF FOCUS AREAS for 2014 to 2016

1. PRIORITY: Coordination with other systems of care

Currently: KVC Wheatland Hospital coordinates care with other systems such as permanency (foster care), law enforcement, schools, outpatient mental health providers, general practitioners, medical personnel, and the courts. The coordination of services provides support with a focus on helping children experience success at home, school, and throughout the community. Intervention is designed to prevent the need for hospitalization and assist in a child's successful transition back to home after a hospital or residential stay. Wheatland meets some of the needs to coordinate with other systems of care in the following ways:

- Wheatland routinely opens its campus for Liaison Meetings with Community Mental Health Centers (CMHCs), conducts community training, conducts tours, and discusses trends and solutions for youth with area providers.
- Wheatland leaders are active participants in state-wide initiatives designed to improve and coordinate care for patients. For example, we work with groups including but not limited to, the Kansas Coalition of Children's Agencies, Psychiatric Residential Treatment Facility (PRTF) Stakeholders group, and Kansas legislature groups.

Goal 1: To improve flow of health information from stakeholder to the provider's bidirectionally for enhancement the of care coordination.

- Strategies:**
- A.** To implement electronic health records which can communicate with other systems.
 - B.** To partner with other providers (CMCHs, PRTFs, Hospitals, primary care physicians) to be a part of a Health Information Exchange (HIE).
 - C.** Offer a patient connects program for parents and youth to access their treatment care plan from home.

2. PRIORITY: Lack of trauma-informed assessment and intervention strategies

Currently: To achieve the most effective treatment possible, KVC Wheatland provides an integrated trauma-centered approach utilizing evidence-based treatment and best practice models. We adhere to the highest and most stringent safety standards. Our specialized trauma-centered approach to care provides a supportive environment that assists children with developing self-regulatory skills and equips caregivers with the knowledge and tools to assist children to be successful in the community. The entire KVC Wheatland's multi-disciplinary team is trained in multiple evidence-based, trauma-informed interventions that are applied throughout the entire continuum of care.

Goal 1: KVC Wheatland, New York University, along with, Dr. Glenn Saxe, Chair of the NYU Department of Child and Adolescent Psychiatry and founder of Trauma Systems Therapy (TST), are teaming up to provide national expertise, promote development and adaptation of effective trauma treatments, and offer regional training opportunities for schools and social service organizations.

- Strategies:**
- A. Deepen the bench with more Trauma Certified Clinicians to better able to assess and provide intervention coping skills for youth.
 - B. Create awareness by presenting trauma informed information to community group forums, the stake holder group, and legislative meetings.
 - C. Conduct a Community Wide Trauma Focus Workshop Training for social services, school, and juvenile justice organizations.

3. PRIORITY: Access to services

Currently: KVC's Wheatland Hospital serves as the state hospital alternative for children with psychiatric needs in the western part of Kansas. In this capacity, KVC serves as the hospital safety-net for the most acute and at-risk population of children and adolescents in the western part of the state. No child meeting admission criteria is turned away due to the complexity and depth of his/her needs or ability to pay. Wheatland Staff advocates for clients transportation services that they are due them through other resources. Wheatland also supports clients and parents/guardians when resources have been exhausted with interventions such as, gas\lodging vouchers and, video-conferencing.

Goal 1: Focus on first maintaining services to those who have limited access due to costs and acuity. Then add other creative ways through technology for better access for parents to engage more in their child's treatment.

- Strategies:**
- A. Maintain the ongoing state hospital alternative grant to serve those without fiscal means and who have been turned away by other providers in the region.
 - B. Enhance tele-psychiatry options to provide ease of access for parents/guardians to participate in treatment with their child.

4. PRIORITY: lack of knowledge of available services

Currently: The healthcare reform not only has promised mental health parity, but also affordable insurance through health exchanges. Health insurance reform information centers online once fully implemented, is suppose to provide users available insurance and provider resource information for services. Rural areas of central and western Kansas has limited children psychiatric services compared to metropolitan areas so resources need to be easily identified.

Goal 1: Wheatland will increase outreach efforts to better inform the general community and other primary health providers of the services provided and safety net options available.

- Strategies:**
- A. Contact and educate area primary care physicians of services provided at Wheatland Hospital.
 - B. Network with primary health hospital emergency rooms to review services and coordination and transition of care.
 - C. Arrange opportunities to meet with school teachers in area school districts to review available services and coordination of care.
 - D. Work closely with Community Mental Health Centers (CMHC) to push out awareness of services available in central and western Kansas.

Needs Not Addressed

Some issues identified through the community health needs assessment have not been addressed in this plan. In initial discussion and subsequent prioritization, the KVC Hospital's Needs Assessment Team considered the levels to which some needs were already being addressed in the service area. Additionally, some community needs fall out of the scope of expertise and resources of the KVC Hospital. The following chart outlines how some of the needs identified in the assessment are addressed by others or in different ways:

Community Need	How Need Is Addressed
Foster Care Issues	The states of Kansas and Missouri have implemented programs to address foster care issues. The state of Kansas as of July of 2013 awarded contracts to two organizations who will oversee the foster care operations. Kansas health home initiative will encourage the coordination of care for the health of those youth in foster care who have the most severe health needs.
Specialists to treat children with behavioral health needs	KVC has arranged access to specialists as needed from their hospital located in Kansas City, KS to assist at Wheatland Hospital. KVC is limited to assist with the shortage of specialists on an outpatient community level for central and western Kansas. The area Community Mental Health Centers and state organizations will continue to offer incentives to resolve this concern.

Next Steps

This Implementation Plan will be rolled out over the next three years, from FY2014 through the end of FY2016. The Team will work with community partners and health issue experts on the following for each of the approaches to address the identified health needs:

- Develop work plans to support effective implementation
- Create mechanisms to monitor and measure outcomes
- Develop a report card to provide on-going status and results of these efforts to improve community health.

KVC Hospital is committed to conducting another health needs assessment within three years.

Adoption/Approval

KVC Hospital's Board of Directors approves the Implementation Strategy that has been developed to address the priorities of the recent Community Health Needs Assessment.

KVC Hospital will utilize this Implementation Strategy as a roadmap to collaborate with their communities to address the priorities, particularly for the most vulnerable.



President, KVC Hospitals, Inc.

11/26/13
Date



Chair, KVC Hospitals Board of Directors

11/26/13
Date